



The NEWS in Missouri Family and Consumer Sciences Education

Department of Elementary and
Secondary Education

A newsletter for family and consumer sciences educators, published three times during the school year by the Missouri Department of Elementary and Secondary Education.

Spring Issue

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FACS to the Future

Missouri ACTE/MoEFACS Summer Inservice Conference

Mark your calendar, and make plans to attend the Family and Consumer Sciences Education Summer Inservice Conference, July 26-29. The conference will be held at the Clarion Hotel, 3333 S. Glenstone, in Springfield. The conference is designed to provide inservice education for all vocational educators and is sponsored by the Missouri Association for Career and Technical Education, the Missouri Educators of Family and Consumer Sciences, and the Missouri Department of Elementary and Secondary Education.

The annual meeting provides professional development and networking opportunities for family and consumer sciences educators at all levels. Program support also is enhanced through opportunities to join colleagues in professional organizations such as MoEFACS, Missouri ACTE, and the Association for Career and Technical Education and respective national affiliates. A request is being submitted to the American Association of Family and Consumer Sciences (AAFCS) for approval to offer professional development units for participation in conference sessions for AAFCS certified members.

Missouri ACTE/MoEFACS Featured Speakers

Missouri ACTE Opening General Session

Tuesday, July 27, 2004, 10:30 a.m. University Plaza Convention Center

Dr. Belle S. Wheelan, Secretary of Education for the Commonwealth of Virginia, Richmond, Virginia, will deliver the keynote for the Missouri ACTE Opening General Session. Her message will address the importance of career and technical education in the educational process.

During her career, Dr. Wheelan has served as the Dean of Student Services at Thomas Nelson Community College; Provost of the Portsmouth campus of Tidewater Community College; President of Central Virginia Community College; and President of Northern Virginia Community College, the second largest community college in the nation. She is the first African-American female to serve as president of a two- or four-year public institution of higher education in the Commonwealth of Virginia.

In December, 2001, Dr. Wheelan was appointed as Secretary of Education to Virginia Governor Warner's Cabinet. She was sworn in as the Secretary on January 13, 2002, and is the first African-American female to serve in this capacity.

Make plans now to attend Dr. Wheelan's inspiring and informative presentation!

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Click here to contact our staff:

http://www.dese.mo.gov/divcareered/facs_staff.htm



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MoEFACS Opening General Session
Tuesday, July 27, 2004, 2:00 p.m. Clarion Hotel Ballrooms



Dayle Hayes, M.S. R.D., Billings, Montana, will keynote the MoEFACS Opening General Session on Tuesday, July 27, 2004 at the Clarion Hotel. Ms. Hayes is an award winning dietician whose positive, practical approach to healthful eating has made her a sought after speaker and workshop leader.

Based in Billings, Montana, Ms. Hayes promotes the power of healthful eating and active lifestyles to professional and consumer groups across the nation. Her ability to translate complex nutrition science into practical eating advice is evident in her written work, as well as her presentations. She has combined her nutrition expertise and creative skills to develop a wide variety of nutrition education materials for the public and professionals.

From her home base in Big Sky country, Ms. Hayes writes a weekly newspaper column and appears frequently on TV and radio as a nutrition expert. She has been quoted in *USA Today*, *The New York Times*, *The Chicago Tribune*, *Working Mother*, *Prevention*, *Fitness*, *Shape*, *Self*, and numerous other national publications.

From 1994 to 1998, Ms. Hayes served on The American Dietetic Association (ADA) Board of Directors where she chaired the Public Initiative Team and Technology Task Force. A recent ADA award winner, she also is a media spokesperson and past president of the Montana Dietetic Association.

Our thanks to the Missouri Beef Industry Council for sponsoring Ms. Hayes presentation. You won't want to miss it!

Missouri ACTE/MoEFACS Summer Inservice Conference Information

Registration

Pre-registration/membership payment for Missouri ACTE may be done on-line this year through the Missouri ACTE website at the following address: <http://www.mo-acte.org>. Payment by credit card is required for on-line registration. Missouri ACTE and MoEFACS on-site registration will be from 1:00 to 7:00 p.m. on Monday, July 26; and from 8:00 a.m. to 5:00 p.m. on Tuesday, July 27. Packets for those who pre-registered will be available during these times. **THERE WILL BE NO MISSOURI ACTE REGISTRATION ON WEDNESDAY, JULY 28.**

Missouri ACTE and MoEFACS registration will be at the new Springfield Exposition Center, 635 E. St. Louis Street. The Exposition Center is located directly across the street from the University Plaza Hotel and Convention Center. Shuttle service **WILL NOT** be available from the conference and overflow hotels to the Exposition Center or to the University Plaza Convention Center. Ample parking will be available in the parking garage located next to the Exposition Center and in the University Plaza Hotel and Convention Center parking lot.

MoEFACS registration also will be located at the Clarion Hotel and will be open at the following times: Monday, July 21, 3:00 to 6:00 p.m.; Tuesday, July 22, 8:00 a.m. to 2:00 p.m. and Wednesday, July 23, 7:00 to 8:00 a.m. **All MoEFACS members must fill out the MoEFACS registration form.** This form is located on the Missouri Family and Consumer Sciences website at: <http://dese.mo.gov/divcareered/conferences.htm#MOEFACS>. **All MoEFACS attendees will be assessed a \$5.00 administrative fee on the MoEFACS Registration form to help defray ever-rising costs associated with MoEFACS activities and sessions.** There also will be a \$5.00 late fee assessed for MoEFACS pre-registrations **POSTMARKED AFTER JUNE 18** and for all on-site MoEFACS registrations. All late and on-site fees will go to the MoEFACS Scholarship Fund. **Both Missouri ACTE AND MoEFACS registrations must be completed to attend MoEFACS functions.**

Lodging

Rooms at the Clarion Hotel, headquarters hotel for the MoEFACS division, are \$71.95 plus tax. One to four occupants per room will be housed at this rate. **Hotel reservations must be made on the Official Housing Form.** Housing requests can be submitted by mail to the Missouri ACTE Housing Bureau, 3315 E. Battlefield Road, Springfield, MO 65804-4048; by fax to 417-881-7201; or on-line at <http://www.springfieldmo.org/housing>. **All room reservations must be guaranteed by credit card or purchase order number.** If you wish to stay at the Clarion, make your reservation early! Check-in time at the Clarion is 3:00 p.m.

Exhibits and General Sessions

The Missouri ACTE Conference will open Tuesday, July 27, with the Opening General Session for all divisions from 10:30 a.m. to noon at the University Plaza Convention Center. The keynote speaker for this session will be Dr. Belle Wheelan, Secretary of Education for the Commonwealth of Virginia, Richmond, Virginia. All MoEFACS members are encouraged to attend this session. Lunch concessions will be available for purchase at the Exposition Center following the Opening Session. The Clarion Hotel Restaurant will also be open for lunch, serving various luncheon specials for conference attendees.

Exhibits will be at the Springfield Exposition Center and will be open from 1:00 to 7:00 p.m. on Monday, July 26, and from 8:00 a.m. to 2:00 p.m. on Tuesday, July 27. All MoEFACS members are encouraged to attend to view the exhibits and express their appreciation to the vendors for their participation.

Social Functions

Missouri ACTE will sponsor a breakfast reception honoring new professionals on Tuesday, July 27, from 9:15 a.m. to 10:15 a.m. at the University Plaza Hotel. All new professionals are encouraged to attend this event. MoEFACS will host a reception for all MoEFACS conference attendees on Tuesday, July 27, from 4:30 to 6:30 p.m. at the Clarion Hotel. MoEFACS Awards and Recognition will be presented during this reception beginning at 5:00 p.m. One free reception ticket per MoEFACS member can be requested on the MoEFACS Registration form. The annual Missouri ACTE All Division Social will be held on Wednesday evening, July 28, at Remington's, 1655 W. Republic Road. The social is free of charge to all Missouri ACTE members.

Forms required for MoEFACS pre-registration and meals/functions, web links to access Missouri ACTE registration and housing forms, as well as other information to assist MoEFACS members with conference registration are available on the DESE Missouri Family and Consumer Sciences Web page at the following address: <http://dese.mo.gov/divcareered/conferences.htm#MOEFACS>. See you in Springfield!

Conference “Buddies” needed for New Teachers

By Charlotte Gray, 2003-04 MoEFACS Professional Development Committee Chair

The MoEFACS Professional Development Committee (the old Mentor Committee) needs you to help make the new teachers feel welcome to Missouri ACTE, MoEFACS, and Summer Conference.

Conference Buddy responsibilities will include:

- Attending a short orientation meeting on Monday, June 26 at 3:00 in the Clarion Atrium. Then you will meet with the new teacher at 3:45 to visit:
- Highlighting conference activities they won't want to miss.
- Making sure they can find the Trade Center to register and visit the Trade Show.

If this sounds of interest to you please contact Charlotte Gray. She can be reached the following ways:

- school email: charlottegray@wentzville.k12.mo.us
- home email: grayappy@aol.com
- home phone: 636-639-5180
- school phone: 636-327-3876 x 257

Please have the following information ready when contacting her or fill out the Conference Buddy Information Form at <http://dese.mo.gov/divcareered/conferences.htm#MOEFACS> and return by mail to: Charlotte Gray, 66 Mar Pat Drive, Foristell, MO 63348.

- Name
- Home Address
- School Name and Address
- Email Address (state whether home or school)
- Home phone
- School phone
- FCCLA Region
- Number of Years Teaching

Pre-Conference Professional Development Opportunities

Missouri Educators of Family and Consumer Sciences conference attendees have a variety of pre-conference professional development opportunities this year. **Pre-registration is required for all MoEFACS workshops by Friday, June 11, 2004, with the exception of the New Teacher and Teachers Returning to Family and Consumer Sciences Inservice, for which participants can register up to and including the day of the session.** For more information, contact Debbie Pohl at 573/751-7965 or by e-mail at: deb-bie.pohl@dese.mo.gov

MoEFACS Pre-conference Course: (1 hour of graduate or undergraduate credit or CEU's available through Central Missouri State University) *"FACS 4000 Special Projects: Working with Special Needs Students in Family and Consumer Sciences"*

Dates and Times: Sunday, July 25, 2004 1:00 - 6:00 p.m. and Monday, July 26, 8:00 a.m. to 4:30 p.m.

Location: Clarion Hotel, Springfield, Missouri

Instructor: Marcia Northrup, Family and Consumer Sciences Instructor and CMSU Family and Consumer Sciences Teacher Educator, Lee's Summit, MO;

Target audience: Middle, junior high and high school family and consumer sciences instructors

MoEFACS Pre-Conference Workshops:

"New Teachers and Teachers Returning to Family and Consumer Sciences Inservice: Transitioning into the 2004 FACS Classroom"

Date: Monday, July 26, 2004

Time: 9:00 a.m.—5:00 p.m.

Location: Clarion Hotel, 3333 S. Glenstone, Springfield

Presenters: Linda Turner, Family and Consumer Sciences Instructor, Columbia and members of the 2003-2004 MoEFACS Board of Directors

Target Audience: New family and consumer sciences instructors, those returning to the field of teaching family and consumer sciences, and those who attended this inservice in the summer of 2003 are encouraged to attend this year's session.

"ServSafe Food Service Sanitation Training and Certification Inservice"

Date: Monday, July 26, 2004

Time: 9:00 a.m. - 3:00 p.m.

Location: Clarion Hotel, Springfield

Presenters: ServSafe certified instructors with the Missouri Restaurant Association

Target Audience: Culinary/food service occupational program instructors and comprehensive high school family and consumer sciences education instructors interested in obtaining ServSafe training and certification.

"Visual Learning/Portfolio Workshop"

Date: Monday, July 26, 2004

Time: 1:00 a.m. - 3:00 p.m.

Location: Clarion Hotel, 3333 S. Glenstone, Springfield

Presenter: Dorie Sebold, Family and Consumer Sciences Instructor, McCluer High School, Ferguson-Florissant School District, St. Louis

Target Audience: Middle, junior high and high school family and consumer sciences instructors.

For detailed session information, fees, and registration forms for all workshops, see the pre-conference session flyers available under the "Summer Conference" link on the DESE Family and Consumer Sciences Web page at the following address: <http://dese.mo.gov/divcareered/conferences.htm#MOEFACS>

MoEFACS Awards and Recognition Reception

By Mary Beene, Kansas City, 2003-04 MoEFACS Awards and Recognition Chair



The annual summer inservice conference will incorporate several changes this year intended to update and refresh the conference program. Based on comments from previous year's conference evaluations and on recommendation from the MoEFACS Awards and Recognition committee, a change will occur with the traditional awards and recogni-

tion presentations this year.

Instead of presenting awards and recognition during a luncheon traditionally held on Wednesday afternoon during the conference, the MoEFACS Awards and Recognition presentations this year will be part of the annual MoEFACS Reception to be held on Tuesday afternoon, July 27, from 4:30 to 6:30 p.m. in the Clarion Hotel Atrium. The actual awards presentations will begin at 5:00 p.m.

Business casual dress is permitted for the Reception.

The MoEFACS Awards and Recognition Reception promises to be a very special event and will recognize those teacher award winners, outside award winners and MoEFACS retirees, all of whom have made important contributions to family and consumer sciences education. You won't want to miss it!

MoEFACS Board of Directors Proposes Membership Dues Increase

After reviewing the future financial needs of the Missouri Educators of Family and Consumer Sciences during their Spring Board meeting, the MoEFACS Board of Directors voted unanimously to propose a membership dues increase of \$7.00. This would increase the current dues of \$18.00 to \$25.00 for an active

member in the organization.

The proposed dues increase requires a vote of the MoEFACS membership during the Annual Business Meeting at this year's summer conference. If passed by a majority vote of the membership, the increase would take effect when member

dues are paid for the 2005-06 school year.

The MoEFACS Annual Business Meeting will be held on Wednesday, July 28, from 11:00 a.m. to 12:30 p.m. at the Clarion Hotel in Springfield. Be sure to attend! Your vote is important!

MoEFACS to Pre-Sell Logo Shirts

By Belynn Kaplan, MoEFACS Public Relations Committee Chair, Cole Co. R-I, Russellville



Promote your department by wearing a new shirt for the 2004 ACTE MoEFACS Summer Inservice Conference. The shirts are polo style and feature the MoEFACS logo. A variety of colors and sizes are available as shown on the pre-order

form at:
<http://dese.mo.gov/divcareerred/conferences.htm#MOEFACS>

Shirts will be available for pick-up at the conference. **Shirts will not be mailed.**

All orders must be received by June 1st to insure delivery at the conference. These shirts will NOT be available for purchase at summer conference, so place your order now!

"Cultivating Leaders...The Missouri Way!" Missouri ACTE to Host Region III Leadership Conference

"Cultivating Leaders...The Missouri Way!" is the theme of the ACTE Region III Leadership Conference to be held June 23-25, 2004. Missouri ACTE is the host for this conference which will take place at the Ameristar Casino and Hotel, 3200 North Ameristar Drive in North Kansas City.

The schedule of events includes several tours, a variety of concurrent sessions,

and roundtable discussions with key ACTE leaders. A highlight of the conference will be the Region III Awards Banquet to be held at the Harry S. Truman Library in Independence. The registration fee for the conference is \$150.00. Sleeping rooms are available at the Ameristar Casino and Hotel for \$89.00 plus tax.

For more information and to access the Region III Conference Registration flyer,

visit the Missouri ACTE webpage at
<http://www.mo-acte.org/>

Cultivating Leaders . . .



The Missouri Way!



Time for Reflection

From the Director

Recently, a teacher gave me a copy of a definition of home economics written in 1904 by Ellen H. Richards. “Home Economics: ideal home life for today, unhampered by the traditions of the past; utilization of all resources of modern science to improve the home life; freedom of the home from the dominance of things and their due subordination to ideals; simplicity in material surroundings which will most free the spirit for the more important and permanent interests of the home and society.” These words caused me to reflect again on the strong science foundation our profession has and the commitment to using research and science to enhance the quality of life for individuals and families.

As you may recall from your introduction to home economics or family and consumer sciences course in college, Ms. Richards was the first female graduate and professor at the Massachusetts Institute of Technology. To Ellen Richards, home economics involved applying economic and scientific knowledge to the management of the home and family and to their spiritual nurturing and cultural strengthening. She was an activist for consumer education, nutrition, child protection, industrial safety, public health, career education, women's rights; purity of air, food, and water, and the application of scientific and management principles to the family. Her formal education, life experiences, and foresight led to the formalization of the home economics profession. In June 1994 that same organization became the American Association of Family and Consumer Sciences.

Today, over one hundred years later Family and Consumer Sciences teachers continue to focus on the family. They strive to improve the quality and standards of individual and family life by providing guidance and practical knowledge about the things of everyday life, including human growth and development, personal behavior, housing and environment, food and nutrition, apparel and textiles, and resource management, so that students and consumers can make sound decisions and enjoy a healthy, productive, and more fulfilling life.

Although Ellen Richards is among the best known of the founders, she did not operate alone. Mrs. Richards and her cohorts worked for a number of years to bring about the recognition of the profession. Lake Placid was the site of several of the working conferences these individuals held to develop a definition of the profession and to bring about its official birth. A committee was appointed that became very instrumental in organizing the American Association of Home Economics. This organization was instrumental in moving the profession forward. It played a significant role in having the work of the family in the home being recognized as a major factor in determining the strength of the labor market in the passage of the Smith-Hughes Act in 1917. This act singled out three vocational areas for funding and home economics was one of those three. It was through Mrs. Richards and some like minded souls that the organization was formally founded in 1909.

In 2009, we will be commemorating 100 years of Home Economics/Family and Consumer Sciences as a formally recognized profession. The founding of the American Association of Home Economics was the formal vehicle to assist in communicating that to the world. You are the personal vehicle for communicating the mission and goals of the profession to your students and community. Family and Consumer Sciences teachers provide leadership to students that enable them to:

- improve individual, family, and community well being;
- impact the development, delivery, and evaluation of consumer goods and services;
- influence the creation of public policy; and
- shape social change.

In reflecting on this upcoming milestone, I personally believe that our content is needed more than ever. I believe that we must teach students how to use process and critical thinking skills to apply the scientific and research based content from family and consumer sciences everyday to solve ongoing practical problems. I see the leaders being developed by our teachers when they make FCCLA an integral part of their Family and Consumer Science program. I see a lot of positive things happening and I hope you do too and will shout about it!

Recruitment of FCS Teachers

By Cynthia Arendt

Some you may recall getting a survey about retaining teachers in the Family and Consumer Sciences profession. The results of this research done by Family and Consumer Sciences graduate student, Kelley Ritter are located in this issue of the NEWS. Thanks to your assistance Kelley is now a Family and Consumer Sciences teacher educator at the University of Wisconsin.

As we know, we not only need to be concerned with retaining teachers but we must be concerned about who will follow in our foot steps. To address this concern, we in Missouri have taken several steps. These steps include starting the replace yourself “One for One” program and requiring districts receiving grants to promote teaching Family and Consumer Sciences Education by visiting a college or introducing a lesson on teaching FCS. Whether it is a part of a grant requirement or not, hopefully each of you are identifying and working with students who will become our future in the Family and Consumer Sciences classroom

An article that appeared in the Winter/Spring issue of the FCCLA Advisor (page 14) had some excellent suggestions for influencing students to become FCS teachers. Some are:

- “teach students about careers in FCS, including teaching,
- use activities from Leaders at Work to explore and evaluate skills needed in FCS education,
- share with students the process of becoming a FCS teacher, including colleges that provide degree programs,
- encourage students who are creative and enthusiastic and have communication, planning and interpersonal skills to consider FCS teaching as a career,
- provide positive hands-on experiences related to FCS teaching (job shadowing, teacher cadet program), and;
- talk positively about your job and your experiences.

As the author of the article verifies, classroom talks are not enough, follow-up is crucial. Be sure to assist the student in scheduling classes so they take the correct areas in high school and working as an aid to you will give them a better idea of the total picture.

The Department is very concerned about the recruitment and retention of teachers. I have conversations with administrators who are concerned that they will have to close a program because they cannot find a qualified teacher. That is the number one reason for closing a program. This the reason our focus has been expanded to include the retention of those who do decide to teach Family and Consumer Sciences. We know from the number of certificates issues that if all of those eligible to teach remained in the profession the shortage issue would be much less of a concern. One thing the Division of Career Education in Department of Elementary and Secondary Education is doing to help retain all career education teachers is a two year mentoring program. This two year program has as its goal to retain career education teachers by making the transition into the classroom easier and more satisfying. This summer will begin the second year of the program for those who are in it now and a new group will begin. Hopefully, good retention will be the result.

Keeping Family and Consumer Sciences Teachers in the Profession

Kelley A. Ritter, Family and Consumer Education
University of Wisconsin—Stevens Point

Teacher retention and recruitment for all areas of education, but especially in the area of family and consumer sciences education, have been a reoccurring concern in education for years. The teaching profession loses many of its new teachers early in their teaching career. Data indicates that within the first three years of teaching 29% of beginning teachers leave the teaching field. By the end of the fifth year, 39% have left teaching (Ingersoll, 2001). Questions such as how do we get adequate numbers of qualified people into the classroom and then, how do we keep them there have been discussed

many times in the world of education. Investigating the job satisfaction level among teachers is one way to predict the retention rate of new professionals.

Each year, the registration form for the annual MOACTE/MOEFACS conference collects data regarding the retirement plans of the attendee. In 2003, of the three hundred and eighty two teachers attending the conference, 29% of Missouri Family and Consumer Sciences teachers are within three to five years of retirement, 33% are within six to eight years of retirement and 38% are within

nine to eleven years of retirement. As it has been noted in previous articles there does not seem to be adequate numbers of professionals to fill the void left by the retiring teachers (Arendt, 2001). When qualified teachers cannot be found this leads to the concern of program quality and to the possible elimination of that program.

A vital part of maintaining our programs is having teachers who are knowledgeable in content, current research, and familiar with new trends in Family and
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Consumer Sciences. One way this knowledge can be attained is through graduate education and professional development workshops.

As a part of my doctoral research on teacher recruitment and retention, Family and Consumer Sciences teachers with graduate degrees were contacted during the summer of 2003 to participate in a survey regarding curriculum knowledge and job satisfaction. The participants completed two questionnaires, the Minnesota Satisfaction Questionnaire and a questionnaire developed by the researcher concerning their graduate education.

A total number of subjects, was 56, (27 from the mail survey and 29 from the conference) completed the surveys. Teachers provided demographic data and responded to statements using a three point scale related to their profession, knowledge of curriculum issues, professional involvement and satisfaction. Respondents also had an opportunity to complete open ended questions regarding satisfaction levels of their graduate school experience.

Of the respondents who completed the surveys all were female with an average of at least 18 years of educational background. Over half of the respondents reported being at their present job less than eleven years, with the group as a whole having a median of 22 years teaching experience. Over half ($N = 39$, 66%) of the respondents received their graduate degree within 10 years of beginning their teaching career. This might indicate that Missouri Family and Consumer Sciences teachers continue their higher education relatively quickly after beginning their teaching career. Most of the respondents were 50+ years of age ($N = 27$, 46%). This indicates that the surveyed Missouri Family and Consumer Sciences teachers who hold a graduate degree are within fifteen years or fewer from retirement.

Almost 50% of respondents in this sample when asked what prompted them to complete their graduate degree indicated

money was a part of the motivation. Currently there are only two ways for teachers to be promoted on the teaching pay scale 1.) years of teaching experience and 2.) the amount of education beyond a B.S. degree. The high percentage indicating money does not surprise the researcher. Additionally, teachers may receive supplemented pay for additional teaching responsibilities, which may sometimes include the student organization of FCCLA. Data indicates that a majority of Missouri Family and Consumer Sciences teachers are involved in FCCLA activities.

Another reason teachers complete graduate hours is most likely the requirements for continued teacher certification. When asked "Why did you select the program that you completed for your graduate degree?" The most frequently given answer was indicated as location (18.7%, $N = 16$), followed by subject matter (25.5%, $N = 15$). This response seems to indicate that location has more influence on major than commitment to content area.

Respondents were then asked to indicate in which professional activities they participated. Response categories were *Never*, *Sometimes*, and *Often*. Professional organizations included: ACTE, MOACTE, Missouri Teacher Leaders sponsored by the Department of Elementary and Secondary Education Family and Consumer Sciences Division, MOEFACE, Department of Elementary and Secondary Education Regional Family and Consumer Sciences Meetings, the supervision of Family and Consumer Sciences student teachers, NATFACS, MSTA or NEA and AAFCE. Predominately respondents indicated they participated in MOEFACS and MOACTE. Few respondents indicated they participated in AAFCS or supervised student teachers.

Missouri Family and Consumer Sciences teachers were asked to indicate their perception of how familiar they were of curriculum knowledge. Response categories were *Not At All*, *Somewhat*, and *Very*. The majority (60%) of Missouri Family and Consumer Sciences teachers surveyed felt they were "Very" knowledgeable of curriculum issues. Forty-

eight percent felt they were "somewhat" knowledgeable of National Standards for Family and Consumer Sciences. All categories assessed scored at the fifty percentile or higher.

The last question asked respondents to indicate how satisfied they were in four areas: the degree received, their current job, support they received from their family, and the support they received from their friends. Responses categories included: *Not At All*, *Somewhat*, and *Very*. Respondents clearly felt very satisfied in each area as scores ranked above the sixty-five percentile in all categories.

In conclusion the number one reason Missouri Family and Consumer Sciences teachers selected their particular graduate degree program was indicated as location, followed closely by subject matter.

Overall, the responses indicated that the respondents in this study were satisfied with their positions and graduate degree. They also indicated that activity was the highest contributor to their satisfaction. One can consider that a reason for such high activity satisfaction was mainly because the school is such an active place. This is well documented in the fact that 44.2 % of those surveyed indicated they were involved in FCCLA. In addition to activity, creativity and moral values also contributed to high satisfaction. The reasons for these findings may be related to the personality characteristics of Family and Consumer Sciences teachers (Mimbs, 2002; Smith & Hall, 1999).

The overall difference between amount of participation in professional development activities and the teachers' surveyed knowledge of Family and Consumer Sciences curriculum issues is significant. The more involved teachers are in their professional development the higher they scored on knowledge of curriculum issues.

As stated before, a large majority of Missouri Family and Consumer Sciences teachers surveyed have been teaching for

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a significant number of years. It can be determined from the data collected in the study that one reason the Missouri Family and Consumer Sciences teachers surveyed have remained in the classroom is their high satisfaction level of their current job and position. High levels of involvement or activity are also directly related to satisfaction. **Therefore, to help keep new professionals in the field of Family and Consumer Sciences education, and to keep those same professionals current with up to date and new concepts or standards it is critical to get teachers involved in the community and state organizations that will provide leadership and promote their own professionalism.**

Teachers' involvement in professional activities can be utilized in multiple fac-

ets. Being involved promotes satisfaction which keeps teachers in the teaching environment. Satisfaction encourages teachers to get involved with other teachers. Satisfaction also helps teachers create innovative and valuable curriculum in the classroom, this in turn promotes the Family and Consumer Sciences program in the community bringing valuable recognition to both the teacher and the program. **Satisfaction is the key to keeping and promoting our programs and the teachers involved.**

Arendt, C. (2000-2001) Teacher Shortages. *Missouri FACS: The NEWS in Missouri family and consumer sciences teacher education*. 19, 2. Retrieved February 21, 2004 from http://dese.mo.gov/divcareered/FACS/2000-01_Winter_Newsletter.pdf

Ingersoll, R.M. (2001) Teacher turnover, teacher shortages, and the organization of schools. Center for the Study of Teaching and Policy. University of Washington.

Mimbs, C. A. (2002) Practicing teaches' advise for marketing and recruitment of educators and revisiting the identity issue. *Journal of Family and Consumer Sciences Education*. 20(1) Spring/Summer.

Smith, B.P. & Hall, C.C. (1999). Explanatory style of family and consumer sciences teachers. *Journal of Family and Consumer Sciences Education*. 17(1) Spring/Summer

Passing the Money Grade

By: Rebecca L. Bishop, Family and Consumer Sciences Teacher at Hermitage High School

Following is a copy of a letter that appeared in the Mail Bag column in the February, 2004 edition of the Rural Missouri Magazine. The letter is written by Becky Bishop, Family and Consumer Sciences teacher at Hermitage High School.

"As an educator in the state of Missouri for the past 20 years, I would like to respond to the comments that are being made in the *Rural Missouri* Mail Bag. In the past two months I have seen responses to the article "Show-me the Bankruptcy" stating that Missouri schools need to incorporate into their curriculum courses designed to teach young people how to handle personal finances...

I would like to reassure the general public of the state of Missouri that your local schools are doing just that. In the early 1990s the home economics programs in the state of Missouri became family and consumer sciences. As a part of the family and consumer sciences curriculum we do teach personal finance...

I teach a course titled Family Resource Management to 10th, 11th, and 12th grade students at Hermitage High School. In this course we learn how to manage money and credit, bank accounts, credit cards, investments, insurances, make a budget, a savings plan, how to deal with

bankruptcy, and fraudulent practices concerning money. I also include in the curriculum how to buy a car, rent an apartment, buy a home, and pay utility bills...

The class is a favorite at our school because it prepares students for the skills needed to live and function as a productive member of society. We, as family and consumer sciences teachers in the state of Missouri, take an active role with the Department of Elementary and Secondary Education in developing curriculum that will meet the needs of the students in Missouri."

Thumbs up to Becky, who did a great job of educating the reader about what students in her class are taught. Since this magazine goes out across Missouri she also helped educate many communities as to what is being taught in the Family and Consumer Sciences program their school district.



Congratulations!

Family and Consumer Sciences Teacher Takes Honors

Karen Mason, Family and Consumer Sciences teacher at East Newton High School, is a recipient of the Missouri Outstanding Women in Education Award. In an awards ceremony held on February 16, 2004 at the Capitol in Jefferson City, Karen joined other women to be recognized for their achievements in and contributions to education. This was the eleventh annual Deverne Lee Callaway awards ceremony, a former woman legislator who began honoring women for their dedication to education. Following the ceremony the honoree's attended a reception at the Governor's mansion. Karen was nominated for the award by Representative Marilyn Ruestman.

In March she learned she was the Sam's Club Teacher of the Year for the Joplin store. The honor carries with it a \$1,000 certificate that she gets to spend on her classroom. As the Teacher of Year for the Joplin store, her name is entered into the nationwide contest. The teacher who wins at the national level will be given \$10,000 to spend in the classroom. Karen is already making her list. Karen was nominated for the award by her students, which is what makes this a double honor.

Congratulations on the recognition of your contributions and the contributions that Family and Consumer Sciences teachers make in preparing young people to be successful family, career and com-

munity leaders. Karen is past president of MoEFACS and on July 1, 2004 will become the president for the Family and Consumer Sciences Division of the Association for Career and Technical Education.



Representative Marilyn Ruestman, (R) 131 District, Karen Mason, and her daughter Miranda Babb

Missouri Task Force on the High School Appointed What Will It Mean for Career Education Programs?

On April 2, 2004, Dr. D. Kent King, Commissioner of Education announced the appointment of a special task force that will recommend ways of strengthening the state's public high schools. The "Task Force on the High School" will meet for the first time on May 11 and complete its work by March 2005.

King emphasized that the task force will look at many issues other than the current course requirements for high school graduation. State education officials are now concluding a survey of all high schools to determine how many have adopted graduation standards that exceed the state's minimum requirements.

"There are much harder questions than how many units of credit should be required for students to graduate. For example, the nation's goal today is for all students to be 'proficient' in reading and math. Does a high school need to func-

tion differently when all students are proficient? This is one of the key questions I am asking the task force to consider.

"It has been 20 years since Missouri revised its minimum requirements for high school graduation. The world has changed dramatically in that time, and we think it is time for a serious examination of how well our high schools are preparing young people to enter higher education and the world of work," King said.

"While many students are taking challenging courses and preparing themselves for higher education, I hear many complaints that too many students are not ready for college-level work. Employers also tell me that too many young people are not prepared for challenging technical work that requires strong math skills. These are some of the concerns we need

to address."

The committee includes teachers, principals, counselors, school board members, superintendents, vocational school directors, and higher education officials along with representatives of business and labor groups. Other participants include the high school principals' association and the Missouri State High School Activities Association.

Members of the task force need to hear from you as to what competencies are being taught in family and consumer sciences that help students focus personal skills that strengthen them and assist in the preparation of a career as an individual family member and workforce participant.

You can learn who is on the task force in your area by clicking on ([See roster.](#))

Perkins Reauthorization Due

As Congress continues to develop a budget and considering legislation that is coming up for reauthorization, it is important to be informed as to what is being considered and who is supporting it. Appearing on the National Association of Secondary School Principals website is a document that may be of an interest to

you entitled, *Investing in High Schools for the Future, Recommendations for Reauthorizing the Carl D. Perkins Vocational and Technical Education Act*. Just go to <http://www.principals.org> then on the left hand side click on **Advocacy**, and then **Perkins Career Tech Ed** on the side bar, and then in the yellow box on

the right hand side click on **Investing in High School**. This 20 page document is printable.

This document can provide a good starting point for you when talking to your principal about career education and your program.

State Leadership Conference - 2004 “Come Aboard the FCCLA LeaderSHIP”



The 2004 FCCLA State Leadership Conference was held in the Holiday Inn Select Executive Center in Columbia, March 28-30. Approximately 1800 conference delegates got cruised on the leader SHIP through the conference activities. Keynote speaker Tiana Tozer challenged everyone to think about not only their actions, but the consequences of those actions to self and to others. Delegates attended workshops on FCCLA programs and activities, as well as learning about leadership, LifeSmarts, Think First, and careers. Approximately 500 students participated in state STAR Events activities. Here are some of the rest of the highlights of the meeting:

- **Family, Career and Community Leaders of America - Outstanding School Administrator Awards**
Missouri FCCLA congratulates Mr. Charles Crouther, Ste. Genevieve High School, and Mr. Blaine Henningsen, Hazelwood East High School, as the 2004 Missouri FCCLA School Administrator Award Recipients. They will be considered for the FCCLA National School Administrator Award to be presented during the 2004 National Leadership Meeting in Chicago, Illinois. Congratulations!
- **Family, Career and Community Leaders of America - Distinguished Service and Honorary Membership Awards**
Missouri Honorary Membership was bestowed upon Mrs. Terry Hulett, Salisbury and Alice Schawo, Columbia. The Missouri Distinguished Service Award was presented to Beverly Plymell, Keytesville.
- **Scholarship Recipients**
Family and Consumer Sciences Career Cluster Scholarships:
 - Ashley Deason, North St. Francois (Bonne Terre) - \$1000 Missouri FCCLA, \$100 MoEFACS, \$800 Missouri Association Family and Consumer Sciences
 - Amari Howard, Hazelwood East - \$500 Missouri FCCLA
Outstanding FCCLA Leadership Scholarships:
 - Gretchin Jeoffroy, Belle - \$1000 Missouri FCCLA (4 year program)
 - Katie Ward, Gallatin - \$500 Missouri FCCLA (4 year program)
 - Lacey Twenter, Pilot Grove - \$500 Missouri FCCLA (2 year program)
- **2003-2004 State Officer and National Candidates Selected**
Congratulations to the following FCCLA members who have been selected by their peers to serve as state officers and national candidates during the 2004-2005 school year:

State President – Katie Patton, Gallatin

State 1st Vice President – Courtney Wendel, South Nodaway

National Network Member – Rachel Moore, South Shelby

National Officer Candidate representing At-Large Membership – Rebecca Brooks, Holcomb

National Officer Candidate representing Regional Membership – Kelsey Vaughn, Maysville

(continued on next page)

State Vice Presidents –

Region 3 – Kelsey Wise, South Shelby

Region 4 – Jessica Williams, Warrenton

Region 5 – Alexandra Howard, Hazelwood East

Region 6 – Dena Mayberry, Zalma

Region 7 – Carol Dye, Holcomb

Region 8 – Tori Jo Boren, Bell City

Region 9 – Mika Summers, Couch

Region 10 – Hannah Sukany, Pleasant Hope

Region 11 – Samantha Horner, Cassville

Region 12 – Ashley Newkirk, Adrian

Region 13 – Rebecca Lehmen, Tipton

- **Missouri Excellence in Advising Award Recipients**

Congratulations to the following chapter advisors who were recognized during the 2004 State Leadership Conference in Columbia as one of the Missouri FCCLA Excellence in Advising Award Winner. Each advisor was nominated by their chapter to receive this award.

Kathy Robertson, Gallatin

Mary Jo Thompson, Bell City

Kimberly Easter, Carl Junction

Marlis King, Belle

- **National Program State Winners:**

Community Service Project – Lockwood

Families Acting For Community Traffic Safety – Jackson

Join Hands Day – Lamar

STOP the Violence – Fredericktown

- **Hand in Hand, We Can/American Cancer Society Project**

Wow! Missouri FCCLA chapters donated nearly \$10,000 to the American Cancer Society through the Hand in Hand, We Can project this year. Money was raised by selling special edition conference t-shirts, selling American Cancer Society suns and moons, selling tickets at the Carnival, and by collecting donations from chapters and regions. THANK YOU to all of the chapters who contributed so generously to this effort. We are thrilled to be able to make this kind of a donation to help fight this disease and to support the individuals and families who are touched by it daily. If your chapter didn't get the chance to make your donation yet, you can still send it to your local American Cancer Society office. Please be sure to let them know to add this in to the statewide total.

- **2005 State Leadership Conference Dates**

Mark your calendars for the 2005 State Leadership Conference, April 3-5, at the Holiday Inn Select Executive Center. Conference planning will begin in July, and information will be provided to chapters through the state FCCLA web site. Please note that these dates do conflict with the beginning of the MAP testing window, which is March 28-April 29. Please work with your school administrators to plan your attendance accordingly.

2003 Spirit of Advising Award Recipient

Each year, the state advisor has the opportunity to recognize an exemplary chapter advisor with the National Spirit of Advising Award. This year's nominee is Renee Meents from Greenfield High School. Renee will receive her award during the 2004 National Leadership Meeting in Chicago, Illinois. Congratulations, Renee!

FCCLA 2004 Administrator Awards

Each year FCCLA gives out administrator awards to individuals meeting the criteria.

This year Mr. Charles Crouther, Ste. Genevieve High School, and Mr. Blaine Henningsen, Hazelwood East High School, were recognized as the 2004 Missouri FCCLA School Administrator Award Recipients. They will be considered for the FCCLA National School Administrator Award to be presented during the 2004 National Leadership Meeting in Chicago, Illinois. Following are some of the comments of Mr. Henningsen's made upon receipt of his award.

"Whenever I speak to groups like this...I always try to do a little research about the group...I do this because I want to have a clear understanding of just exactly who I am talking to...and what it is that I want to say to the audience. So I went on the Internet to do a little research about the FCCLA...the Family, Career and Community Leaders of America.

I found that the FCCLA has over 220,000 members across the nation...and I found that 12,000 of those members are in Missouri. Wow...I didn't realize there were so many of you.

I found that the mission of the national FCCLA is practically the same as the mission of my school...Hazelwood East High School in St. Louis County. The words are a little different...but the meaning is the same. We both are in business to:
develop character in students...

- to prepare students for life as adults...
- to develop their creative and critical thinking skills...
- to improve their communication skills...
- and to prepare students for the world of work.

I was especially impressed with 3 of the programs sponsored by the FCCLA:

The Dynamic Leadership Program – where students are taught how to develop...conflict management skills...problem solving skills, and team building skills...Skills that are used for a lifetime!

The 2nd program that impressed me was the Career Connection Program: a program that helps students discover their individual strengths...to target their career goals...and to design a plan to achieve their personal career goals.

The other program I was particularly impressed with is the Stop the Violence Program: where students are taking steps to address violence prevention at school and in the community. We all know how important this is and I commend you for undertaking this endeavor.

Last but not least, the thing that makes this group such an important organization in our schools is the fact that the FCCLA is the only "in-school" organization that has the family as it focus. I know how important my family is to me, and we all know how important families are for our schools, and for our country.

So once again, I thank you for this honor and I want to say thank-you for what you do.

As a result of the efforts of the FCCLA--my school is a better place."

5th Annual Missouri FCCLA Legislative Shadowing Project

March 2 - 3, 2004

Fifty junior and senior FCCLA members were chosen to participate in the 5th annual FCCLA Legislative Shadowing Project. Students and their advisors heard from alumni members Ross McFerron and Kim Shields, about advocacy and citizen involvement. Students then spent a day with various members of the Missouri House of Representatives, and Mis-

souri Senate, as well as in the offices of the Governor, Lieutenant Governor, and Secretary of State. This exciting event allows members to see state government up close and to experience the buzz of activity that makes up an average day. Participants all agreed that this experience was a one of a kind and that they would recommend it to others. Encour-

age eligible FCCLA members to apply for this unique state program in 2005!



ACCESS FCCLA this October!



Mark your calendars now to have your FCCLA members attend one of the 2004 Access FCCLA conferences. To reduce time away from school as well as travel costs, three conference tracks are being

held concurrently October 24-25, 2004 at the Tan-Tar-A Resort in Osage Beach. Help your chapter members choose which conference track will best meet their needs. The Leadership Unlimited conference is designed to meet the leadership needs of state and regional officers, with room for local officers as space allows. The A+ Conference is recommended for new members or middle level members. The STOP the Violence training conference is recommended for chapters that wish to implement a STOP the Violence project and be

eligible for the national STOP the Violence Awards program. Detailed information, schedule and registration materials will be available on the Missouri FCCLA web site in August, 2004. New this year is the in-depth STAR Events training for chapter advisors. Access FCCLA participants choose only ONE conference/track to attend. Please note that the MoEFACS board meeting and the DESE Protégé and Mentor meeting will also be scheduled at this time at Tan-Tar-A.



National Leadership Meeting - Chicago, Illinois - July 11-15, 2004

Fall Regional Inservice Workshops

Mark your calendars now to attend one of three Fall Regional Inservice Workshops to be held in October. These one-day workshops will feature Tom Jackson, noted speaker, trainer and author, and founder and director of the Active Learning Foundation, Cedar City, Utah. Mr. Jackson is a leading authority in the area of interactive learning. He has developed over one hundred and fifty demonstrations and activities that are used by teachers and youth workers across the

country to teach students personal life skills, increase individual growth in students and help prevent participation in substance abuse, violence and other self-destructive behaviors. You won't want to miss this day of hands-on experiences!

Dates and locations for the workshops are:

October 5, 2004 – Kansas City,
(Location to be determined)

October 6, 2004 – Columbia, Columbia Country Club

October 7, 2004 – St. Louis, St. Louis Community College at Florissant Valley-Student Center

Registration information will be available at the summer conference and on the Family and Consumer Sciences website in August.

Where's the Beef?

No one had to ask "Where's the beef?" on April 17 when schools from across the state came together to compete with their favorite beef recipes. The competition was between 13 teams, all culinary students pursuing a career as executive chefs or restaurant managers. There were two levels of competition, the college division and the high school division. Teams competing at the college level were College of the Ozarks, The University of Missouri, Ozarks Technical College and South Central Career Center.

This was the first year that high school students have been invited to participate. The high school students competing in the contest were all enrolled in programs using the Pro Start curriculum. They were Belton High School, Oak Park High School, North Kansas City District, Northwest Technical in Maryville, Lebanon Career Center, South Central Career Center in West Plains, and two teams from the Normandy High School District in St. Louis.

Each Team competed in two categories: Beef Dish (a recipe they had selected and practiced ahead of time) and Meaty Mystery (a recipe they created with provided ingredients the evening before). More than \$18,500 in cash and prizes was awarded to competitors.

The winners for the Beef Dish were:

College Level Beef Dish: University of Missouri with Marinated shoulder tender steak. Team members were Jeff Guinn, Beth Thompson, and Ben Picker. Chef Michael Keene and Leslie Jett coached the winning team.

High School Beef Dish: Normandy High School (Team 1) with upside down steak sandwich. Team members were Moriente Hamil and Giles Hinson. Chef Gordon McKnight coached the students.

The winners for the Mystery Dish were:

College Level Mystery Dish: Ozark Technical College. Team members Lana Merrick, Caleb Stiles, and Nate Wondergem, alternate; Coached by Chef Lou Rice. They created tender beef medallions with a tortilla potato tower.

High School Mystery Dish: Northwest Technical in Maryville with Burst of Beef. Team members were Kandee Cummin and Annessa Stiens. Nicole Hill was the alternate and Suzanne Cadle the coach.

Each of the above team members and coaches received a \$150 gift certificate to Chef Wear Catalog and the schools received a \$500 gift certificate to US Foodservice.

The Missouri Restaurant Association awarded \$13,500 worth of scholarships to the Culinary Institute of America to the team members with the highest scores, averaging the two recipes. The winning teams were:



Oak Park High School's Derick Booth and Jon Lupton enjoying the fruits of their labor —Can they do that?

1. Oak Park High School, (Derick Booth and Jon Lupton, alternate Charlie Floyd. Coached by Ginny Stone.)
2. Northwest Technical, Maryville (Kandee Cummin & Annessa Stiens)
3. Normandy High School, team 2 (Kerry Ransom and Jerald Terry.)

The 2004 Beef Cookoff was sponsored by Missouri's beef producers through their \$1 per head beef check off program, US Foodservice and the Missouri Restaurant Association.

Congratulations to all the winners.



Normandy High School, team 2 consisted of Kerry Ransom and Jerald Terry.



Kandee Cummin and Annessa Stiens represented Northwest Technical, Maryville.



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Family and Consumer Sciences

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We are pleased to announce that we have a new name, Missouri Career Education. The name change reflects a new image for Career Education in the State of Missouri. This new image will assist us in upgrading our career preparation programs for the 21st Century, so we can better serve the needs of students, parents, educators, and employers. Our division will now be referred to as the Division of Career Education.

In addition, DESE has a new web address - www.dese.mo.gov

Be sure to update your computer with the new DESE web address. Most programs will not open or function properly under the old address.

Calendar of Events and Deadlines

July 11 - 15, 2004	National Leadership Meeting Chicago, Illinois
July 26 - 29, 2004	Summer Inservice Conference Clarion Hotel; Springfield, Missouri
October 5, 2004	Fall Inservice Workshop - Kansas City
October 6, 2004	Fall Inservice Workshop - Columbia
October 7, 2004	Fall Inservice Workshop - St. Louis
October 24, 2004	Access FCCLA Conferences Tan-Tar-A
November 12 - 14, 2004	Cluster Meeting Omaha, NE Washington, DC
November 19 - 21, 2004	Cluster Meeting Nashville, TN Salt Lake City, UT

Found

A small silver picture frame with the inscription "Family", a large gold hoop earring, a Lands' End jacket, and a black Envision note pad were all found at the conference this year and have not been claimed.

Please check with your students, parents, and staff to make sure they have not lost any of the above.

To claim any of the above items, please call Kim at (573) 751-2644.



Have a great summer!